





Self-Guided Boulder Summer Adventures FOR A PHYSICALLY DISTANCED, BUT STILL FUN, WALK & BIKE MONTH!







Favorite Neighborhood Walks from Members of the Boulder Pedestrian Action Committee

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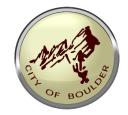
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City of Boulder
Pedestrian
Action
Committee





North Boulder

Amy's Melody-Catalpa Neighborhood Walk

Start/End: Linden Avenue and Broadway

Distance: 2 miles with optional 1-mile side trip

Time: 45 minutes to 1 hour



Directions:

Get to know the Melody-Catalpa neighborhood with this easy 2-mile/3.45-kilometer walk, with an optional 1-mile walk south to the Community Plaza shops for refreshment.

Start at Linden Avenue and Broadway (accessible by the SKIP bus) and walk east into the neighborhood. At Conifer Court, turn right to stroll past one of the neighborhood's Little Free Libraries (located on the east side of the street). At the end of Conifer, turn left onto Kingwood and head east. You will see Melody Park on your left.



When you reach 16th Street, head north to walk the length of the park and see the playground area. Note there is a shelter at this park, but no restrooms.

Keep walking north past the intersection of 16th Street and Linden Avenue. 16th Street curves to the east and becomes Cloverleaf Drive. Stay on Cloverleaf until it turns south and intersects with Lombardy Drive. You will see a small park to your left: Catalpa Park. Take the sidewalk into

the park.



Residents of the neighborhood help to beautify this park with annual clean-ups and planting days. The neighborhood is bounded by 19th Street, which you can see from the park (the RTD 204 bus is accessible here). Do not continue to 19th Street; instead, turn south and aim for the cul-de-sac of Catalpa Way.

Follow Catalpa Way south, past another Little Free Library (on the west side of the street). Cross Kalmia Avenue and continue heading south on Catalpa Way. Turn right onto the cul-de-sac and head into Pineview Park. Pineview Park has a field, playground, and creek. Many kids wade in the creek, and on hot days, bring inner tubes to float downstream.

Walk west through the park, over the creek, and continue until you come to Cloverleaf Drive. Head north on Cloverleaf until you come to Kalmia. Turn West on Kalmia and continue until you reach 16th Street. Admire the "Paint the Pavement" project in the street at the intersection of 16th and Kalmia. The artwork was created by a Melody-Catalpa resident and inspired by the bee-loving community. Melody-Catalpa was Colorado's first "Bee Safe Neighborhood."

At the painted intersection, turn left (south). You will notice Iris Ball Fields on your right. Little League games are played here during the spring and summer months and you can often see smaller groups practicing year-round.

Here, you can choose either to close the loop by continuing west on Iris to Broadway and then walking

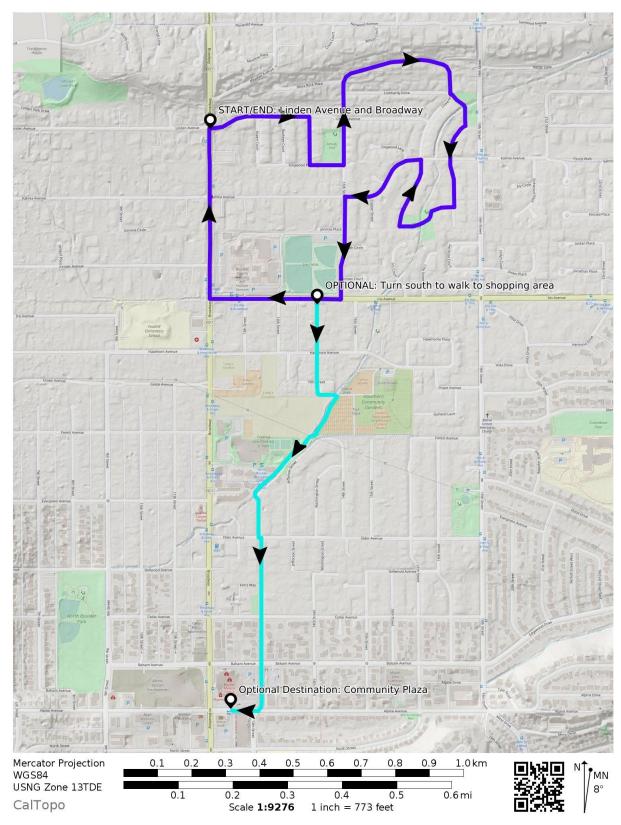
north to your starting place or go south to the nearest shopping area for refreshment. You can catch the RTD 208 bus on Iris.



To walk to the shopping area, cross Iris Avenue at 15th Street and walk south to where 15th dead ends at a paved multi-use path. Follow the path southwest alongside Growing Gardens and the North Boulder Recreation Center, then turn left on 13th Street. Walk south on 13th Street (a Neighborhood GreenStreet) to Ideal Market and the Community Plaza Shops for refreshment.

Map: Melody-Catalpa Neighborhood Walk

Online: https://caltopo.com/m/C3CR



Central Boulder

Ann's Downtown-West Walk

Start/End: 5th Street and Dewey Avenue

Distance: 1.6 miles **Time:** 40 minutes

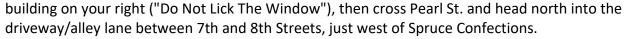
Directions:

This is a pleasant walk around the western part of downtown Boulder, which takes about 40 minutes (1.6 miles/2.7 kilometers).

Start at 5th Street and Dewey Avenue. Walk south until 5th Street dead ends into Mountain View. Turn left and walk for about 50 feet, then head down the path through Campbell Robertson Park across the ditch to 5th and Spruce.

Turn right (west) onto Spruce and walk to 4th Street. Turn left onto 4th St. and walk south to Lawry Lane (the alley just south of Pearl Street). Look for the mural of cows in a pasture. Turn left into the alley just past the mural and walk to 7th Street.

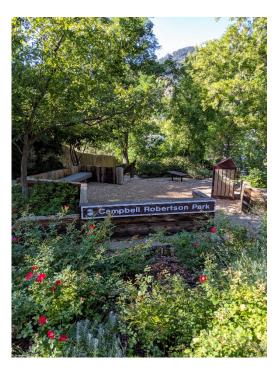
Turn left (north) on 7th and walk to Pearl St. Turn right onto Pearl St. Look for the Justin's corporate office





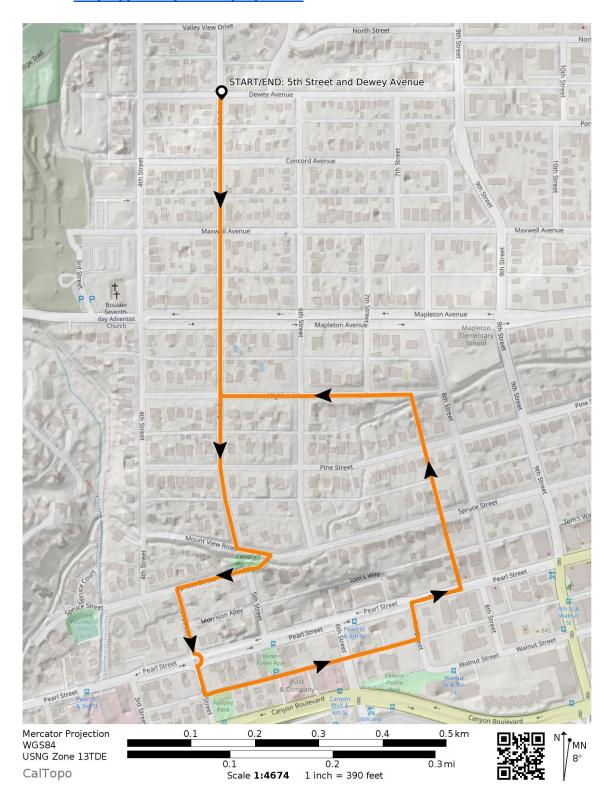
Walk north, cross the unpaved Morrison Alley (Tom's Way), and continue north onto a narrow dirt trail. Follow the dirt trail to Highland Ave. You'll see a little stairway as the dirt alley turns to the left. Take the little stairway to Highland Ave. Turn left and walk along Highland to 5th Street, then turn right to get back to the starting point.

This is a lovely walk on which you're not likely to run into many people. Enjoy!



Map: Downtown-West Walk

Online: https://caltopo.com/m/P7VR



Ann's High Points Stroll

Start/End: Broadway between Portland Place and High Street

Distance: 1.4 miles **Time:** 45 minutes

Directions:

This route starts east of Broadway near Casey Middle School. It is 1.4 miles/2.2 kilometers and takes about 45 minutes to an hour, owing to elevation gain.

Start at the mid-block crossing between Portland Place and High Street on Broadway. Use the pedestrian signal to cross Broadway heading east, if necessary, or just walk south to High Street.

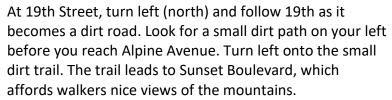
Turn left onto High Street and walk past Casey Middle School on the left. Look for a narrow concrete walkway about 150 feet past 15th Street, at the intersection with Sunset Boulevard, on the south side of High Street. Take that walkway (pictured to the right) south to Mapleton Avenue.



Turn left (east) onto Mapleton Ave. and walk to 17th Street. Turn left onto 17th and walk past a



forest mural, then follow the alley around to the right. The street turns into a dirt alleyway between Mapleton and Bluff Street. Walk through the alley across 18th Street; look to your right to see some chickens kept there.

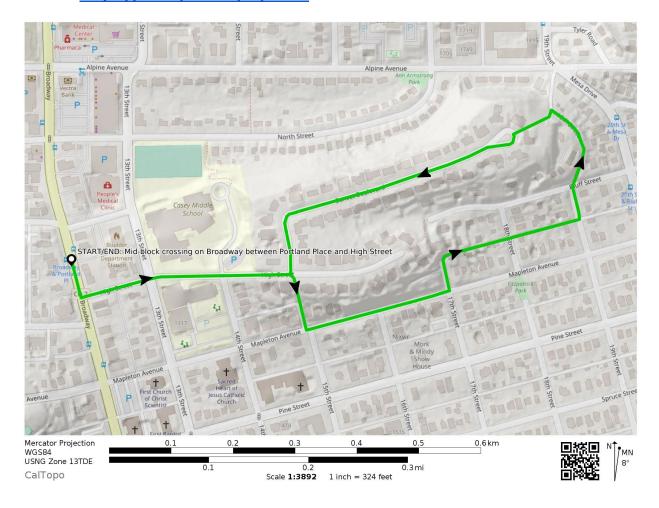




Turn left (west) onto Sunset Blvd., which curves around and empties onto High Street. Turn right onto High St., pass Casey Middle School (now on the right), and return to Broadway. Enjoy!

Map: High Points Stroll

Online: https://caltopo.com/m/GK0F



Lisa's Panorama Walk

Start/End: Greenleaf Park

Distance: 2 miles **Time:** 40 minutes



Directions:

Here is a 40-minute walk that gives you a good leg workout, is light on the car traffic, and has the BEST views in Boulder — you can see every one of Boulder's peaks on this 2-mile (3-kilometer) urban hike.

Start at Greenleaf Park (Spruce and Folsom), or park at the Boulder Chamber of Commerce. Walk west to 23rd Street and turn right. Walk up the hill along 23rd Street until the street ends, then follow Panorama Avenue to the right until it loops around and becomes Balsam Drive. Pause to take in the good views.



Follow Balsam Drive west to Alpine Avenue, then turn left (south),

and left again where

it meets back up with Balsam. Continue on Balsam/Alpine until you reach the four-way stop where 19th meets 20th. Take a left on 20th, and another immediate left on Mesa Drive.



Follow Mesa Drive to the east until it ends at Lovers Hill Park. Take a right through the park and follow the path down to 22nd and Bluff. Walk south along 22nd back down to Spruce, turn left, and walk back to Greenleaf Park or the Boulder Chamber of Commerce.

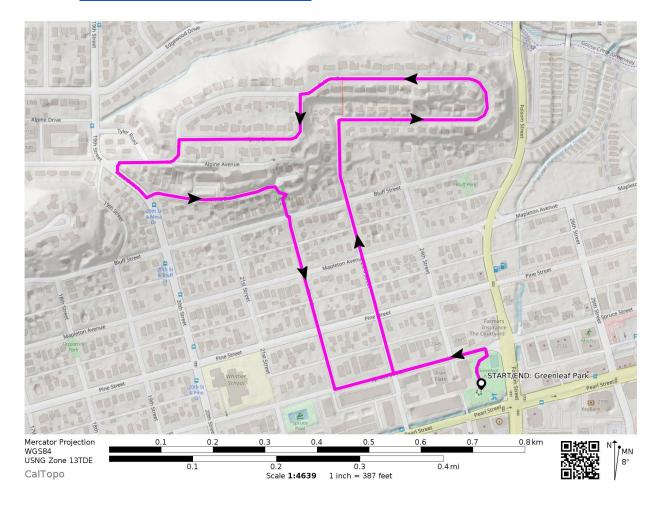






Map: Panorama Walk

Online: https://caltopo.com/m/R0PQ



Ela's Scenic Workout Loop

Start/End: Boulder County Justice Center, Canyon Blvd. and 6th St.

Distance: 7.3 miles **Time:** 3 hours

Directions:

This long-distance route (7.3 miles/11.8 kilometers) highlights scenic streets in central Boulder and is ideal for cooler weather or an early morning workout.

Begin at the Boulder County Justice Center (Canyon Boulevard and 6th Street). Walk south on 6th to Arapahoe, then turn right (west). Enter Eben G. Fine Park and walk west along Boulder Creek through the park to the Canyon Boulevard underpass on the right. Go through the underpass to Settler's Park.

From Settler's Park, bear right on the path and walk east toward Pearl Street. Walk along the sidewalk on the north side of Pearl St. to 4th Street, then turn left. Turn right on Spruce Street and walk up the hill to Campbell Robertson Park - a lovely pocket park with a bench and gardens, offering a pleasant place to rest, with views. At the top of the park, turn left onto Mountain View Road and walk to 4th Street, then turn right (north).





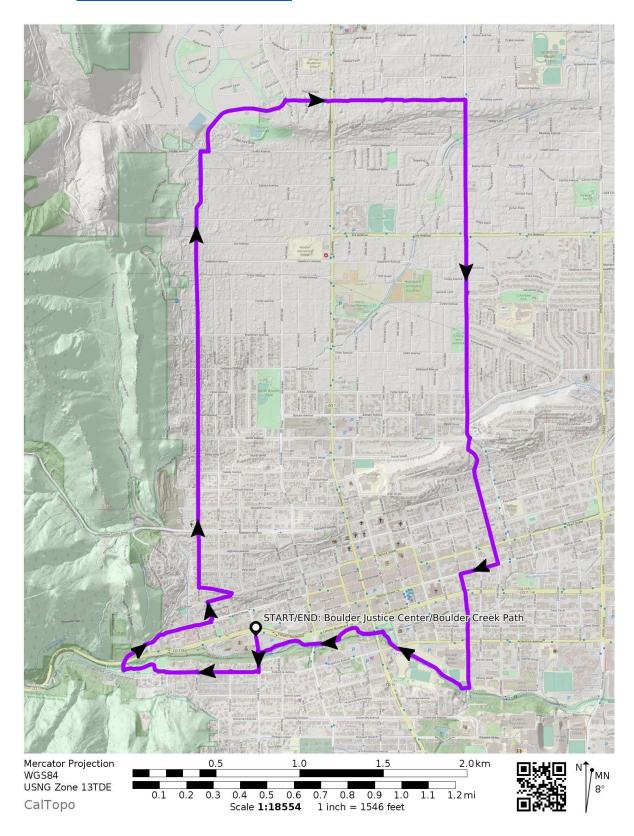
Walk north on 4th Street 1.6 miles to Linden Avenue. Turn right and take an immediate left onto Wonderland Hill Avenue. Walk past Moffit Court and turn right onto a pedestrian path, then walk east to Broadway. Cross Broadway at the pedestrian signal and continue walking east on Norwood Avenue to 19th Street.

Turn right onto 19th Street and walk south 1.8 miles until you reach Walnut Street. Take a right on Walnut and walk to 17th Street. Go left on 17th Street and walk south toward

Boulder Creek. Turn right onto the Boulder Creek Path and follow it to 6th Street. Exit the path onto 6th Street and walk back to the Justice Center, where you began.

Map: Scenic Workout Loop

Online: https://caltopo.com/m/JP6L



East Boulder

Summer's East Boulder Loop

Start/End: East Boulder Community Park, 55th and Sioux Avenue

Distance: 3.4 miles **Time:** 1.5 hours

Directions:

This 3.4-mile/5.5-kilometer walk provides plenty of shade for summer exercise, as well as a delightful wander through the Meadow Glen neighborhood.

Start at East Boulder Community Park, at the intersection of 55th Street and Sioux Avenue. Walk east to the South Boulder Creek Trail and turn left onto the dirt trail that is for pedestrians only.

Follow the trail along the water and through the cottonwood trees to the Bobolink Trailhead. Stay to the left and take the Baseline underpass, which leads to Gapter Road. Turn left (north) on Gapter Road (walk on the left side of the road, as there are no sidewalks here). Turn left at Dimmit Drive to continue on the South Boulder Creek Trail.



Turn left at the intersection with the Centennial Trail, walking on the multi-use path that

parallels the Flatirons Golf Course.

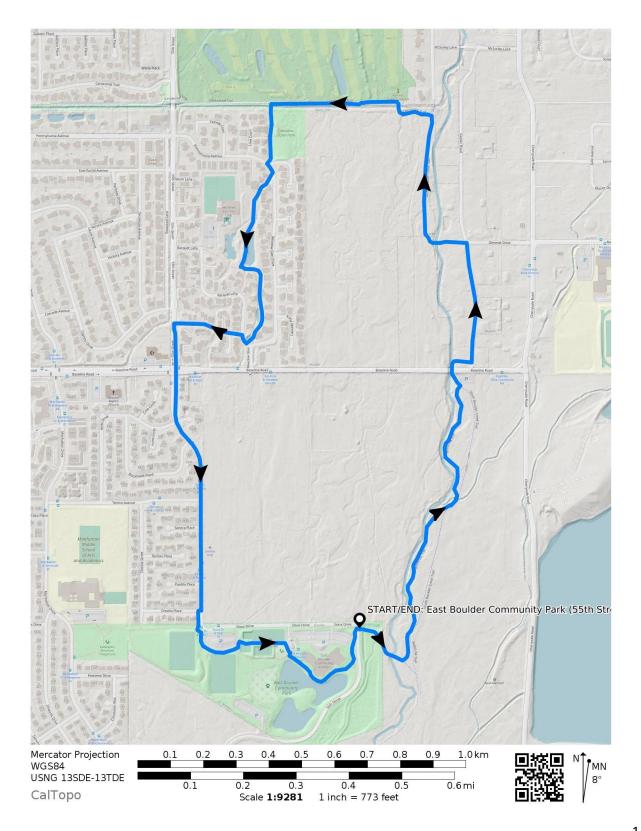


Look for the first opportunity to turn left into the Meadow Glen neighborhood - there is a bridge that crosses the Empson Ditch into the neighborhood. Follow the path alongside Meadow Glen Park, cross Meadow Glen Drive, and continue walking south on the multi-use path. Stay to the left at the next intersection, walking on the paved path to Racquet Lane. Turn right, then make an immediate left onto Stonewall Place.

Turn left at 55th Street and walk on the sidewalk south to Sioux Drive. Enter East Boulder Community Park and take the path back to where you began.

Map: East Boulder Loop

Online: https://caltopo.com/m/DVC3



Anna's Two Tree Hill Hike

Start/End: Table Mesa and Vassar Drive

Distance: 2 miles

Time: 45 minutes to 1 hour

Directions:

This 2-mile/3.2 kilometer hike on close-in open space in South Boulder offers great views and lots of room for physical distancing.

Starting at Table Mesa and Vassar Drive, walk south on the wide dirt path in front of NCAR (NCAR-Table Mesa-Bear Trail). After passing a gate to Wildwood Road on the left, turn onto the wide dirt path on your right (west). Follow that path uphill, then take the steep uphill singletrack trail on the left (south) up to the top of Two Tree Hill.



Pause to take in the great views of NCAR Mesa Lab and the Flatirons.

Head down the south face of Two Tree Hill and turn left at Bear Canyon Trail. Follow the trail around to the north and return to where you started on the NCAR-Table Mesa-Bear Trail.



Map: Two Tree Hill Hike

Online: https://caltopo.com/m/E8UN

