

We are **BOULDER STRONG!**

Social resilience as self care



Special Feature
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Best hikes for every occasion,
community stories and more



INSIDE

Meet the new city manager

Advancing racial equity

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INTERIOR EN ESPAÑOL

La nueva gerente municipal de Boulder

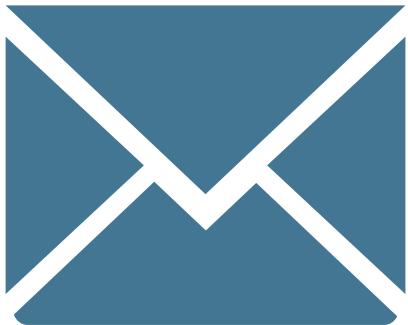
Avanzando equidad racial

Recursos de salud mental

We are **#BoulderStrong**

Self care as social resilience

The City of Boulder dedicates this issue of the community newsletter to the community members we've lost and the loved ones they left behind.



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NEWS**

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Get to know Boulder's new city manager

Q&A with Nuria Rivera-Vandermyde

Nuria Rivera-Vandermyde officially joined the City of Boulder on May 10, 2021. She relocated from Austin, Texas, where she served as deputy city manager. A bilingual native of Puerto Rico, Rivera-Vandermyde is the first woman of color to serve as city manager in Boulder's history and the second woman ever to hold the position in Boulder.

Q: What is something you love about Boulder?

A: I'll always start with the mountains — they were the first thing that drew me in. But I also love how hyper-local all the businesses and restaurants feel. I'll admit to being a bit of a foodie, so I'm excited to explore all of Boulder's culinary offerings.

Q: Boulder has faced challenges and adversity in 2020 and 2021. What are your hopes for the community looking ahead?

A: Truly, I hope we're able to face them together. Between COVID-19 and the March 22 tragedy, I recognize Boulder has faced some incredible hardships over the past year or so. Nationally, we seem so polarized in our dialogue, and I am hopeful this community continues to face the challenges before it with openness, candor and a spirit of collaboration. Passions run deep and there are topics for which none of the answers are easy, but I hope we're able to hear differing perspectives and regardless of the decisions that are made — whether they favor one point of view or another — we're able to showcase that our community's strength comes from unity, not from polarization.

Q: What is an important skill or perspective you bring?

A: Spending time in multiple cities and multiple sectors has given me a strong sense of cross-sector and community-focused collaboration. Externally, it's allowed me to learn about different cultures and how very differently

some communities approach government — lessons that have informed how we, as cities, engage with community and continue to build trust with those we serve. Internally, it's allowed me to be a very adaptive leader, learning about the existing work culture and finding ways to support staff while also challenging us all to continue enhancing and transforming our services for the benefit of our community.

I've also become very data-driven throughout my career and learned to expand my own definition of "data" to include not just empirical data, but also valuable qualitative or lived experience narratives as part of the data-informing process. Finding ways to lift up the voices of those most impacted by our policies or decisions can be difficult, but in my experience, those voices make our conversations richer and enhance our collective understanding of the issues at hand.

Q: What attracted you to working in local government and what do you like most about it?

A: I came to public service over 25 years ago in a rather unusual way, but what struck me the most was the power government has to very directly enhance people's quality of life. I genuinely believe government can be transformative and that we have powerful levers to help achieve the outcomes we really want to see in community.

**Read Nuria's full Q&A online
at bit.ly/boulderNRV**



Connect with us

Find the City of Boulder on social media.

Get the latest news, information and videos about what's happening in our community.



YouTube



Twitter



Facebook



Instagram



LinkedIn

Advancing racial equity in Boulder

We aim to close gaps, so that race does not predict one's success, while improving outcomes for all.

Since 2018, a core team of city employees from all levels of the organization have been working to normalize racial equity work through training, building leadership support and ensuring racial equity is the city's highest priority.

Early this year, City Council voted unanimously to adopt Boulder's first-ever Racial Equity Plan. This living road map will guide the city government through the process of prioritizing goals, specifying details and assigning resources to achieve meaningful change. Significant and valuable community input shaped this plan, which was created as part of the city's work to advance racial equity.

Each of these goals has several strategies within, as well as data, specific outcomes, and more. Check out the full 40+ page Racial Equity Plan online at bit.ly/123BRE.



WHY START WITH RACE?

To close the gaps, we focus on communities of color to support those unjustly burdened by racial inequity. Focusing on equity so that everyone is valued, respected and heard offers many benefits. The City of Boulder is committed to leading with our values to address changing employee perceptions and behaviors first, and then rippling outward, extending the impact into the community.

Equality



Equity



Goal 1 — Everybody gets it

The city will normalize and operationalize understanding of institutional and structural racism among people who work for or represent the City of Boulder, including city staff, City Council, Boards and Commissions, and ongoing program volunteers.

Goal 2 — Justly do it.

The city will take action to end racial disparities in city services.

Goal 3 — Community Commitment.

The city will strengthen partnerships and collaborate with community members and organizations that demonstrate a commitment to ending racism.

Goal 4 — Power to all people.

The city will build and maintain trust, expanding the influence of community members of color through inclusive and responsive engagement.

Goal 5 — Representation matters.

The city will eliminate barriers and create opportunities to build a diverse workforce across the depth and breadth of local government including elected officials, boards, commissions and working groups.

Integrating equity and community voices in Boulder's COVID-19 recovery

As the City of Boulder transitioned from COVID-19 emergency response to community recovery, a team of Recovery Equity Connectors were instrumental in centering the lived experience of community members of color in key aspects of recovery decision-making.

Equity connectors helped staff make rapid assessments about the equity of recovery policies and programs. Alerted us to dozens of emerging issues faced by their neighbors and networks.

"Working with the City of Boulder as a Recovery Equity Connector has been an amazing experience," said Community member Markisha Key-Hagan. "Every time I tell someone who lives outside of Boulder what I do, they are impressed that a program like this exists and by the city's efforts to uplift the voices of Black, indigenous and people of color. In my community, there's a lot of mistrust of city government and its institutions. Having a program like the Recovery Equity Connectors has been a solid step in the right direction for rebuilding trust."

Equity connectors shared perspective and feedback from communities of color on a wide range of recovery decisions, including:

- Accessing resources that address COVID-19 impacts
- Local economy recovery indicators
- Resolution on racism as a public health crisis
- Rights of frontline employees
- Thru traffic closures and Vision Zero funding
- Student learning pods
- Civil penalties for ordinance violations
- In-person council meetings
- Educational graphics for non-English speakers

This team of seven community members was launched in June 2020, convened each week via Zoom, and received a monthly stipend for their time and expertise.

For more information about this program or the city's Community Connector model, contact Ryan Hanschen at hanschenr@bouldercolorado.gov or 720-527-8847.



RACIAL HISTORY OF LANDS IN BOULDER AREA

In the mid-1800s, miners seeking gold and a steady influx of white occupiers violated treaties and forcibly removed tribes from the Boulder area, severing their connection with the land. For thousands of Indigenous Peoples who live outside of Colorado — and for those who live in Boulder today — traditions, stories and languages passed down over the generations still connect them with Boulder lands.

Where are we now?

In 2019, the City of Boulder conducted formal government-to-government consultations with federally recognized American Indian Tribal nations and is now working with them to develop a formal land acknowledgement.

Cannabis cultivation can have a big carbon footprint

Most of the cannabis consumed in the United States isn't very green. Here's how Boulder is working to blunt its climate impact.

Industrial marijuana cultivation often relies on a complex and energy-intensive system — requiring enough electricity to comprise 2% of Boulder's total energy use and 1.3% of Colorado's annual emissions. Researchers and policy makers are taking note.

According to a recent study in *Nature Sustainability*, grow lighting and the heating and cooling of indoor grow facilities drive up energy use. This energy demand is greater in states like Colorado that have variable climates and require more electricity to heat or cool air.

While this is a budding challenge in many communities, the City of Boulder, Boulder County and local growers have been at the forefront of reducing the environmental impact of this important industry.

The city and county reduce the industry's carbon footprint through regulations that require local cannabis businesses to track, report and offset 100% of their electricity use. Businesses can complete the offset requirement by:

- installing solar on-site, subscribing to a verified local solar garden or
- purchasing offsets through the city's Energy Impact Offset Fund (EIOF).

But it's not just about regulation. Many of Boulder's cannabis cultivators are sustainability leaders. One such leader is In the Flow, which has operations in Boulder and Boulder County. The business has a goal of reaching 100% renewable electricity offset, and recently contracted with Jack's Solar Garden as the array's largest commercial subscriber to date. This partnership, in addition to subscriptions to Xcel Energy's Renewable Connect and WindSource programs, will allow In the Flow to reach 100% renewable offset as soon as this year.

"We were one of the first cultivators to get an energy assessment through Boulder County," said Bonnie Bahlmann with In the Flow. "The energy assessment helped our business decide to upgrade all our lighting to LEDs, which considerably reduces our energy use and helps us cut electricity costs."

Other businesses contribute to the city or county EIOFs which fund projects that reduce our community's greenhouse gas emissions and support the city's Climate Commitment goals. Last year, the city used EIOF funds to purchase a subscription to a local solar garden, passing energy savings to residents of the Ponderosa manufactured housing community. This year, the city is looking to leverage EIOF funds, which total about \$400,000 per year, to support additional solar garden access and energy savings for participants in Boulder's affordable housing programs.

Boulder's combination of regulation and partnership with the industry serves as a useful example of how to address an issue that's emerging elsewhere, as other states move to legalize cannabis cultivation. It is possible to limit the greenhouse gas emissions associated with grow facilities while benefiting from the economic contributions of the cannabis industry.

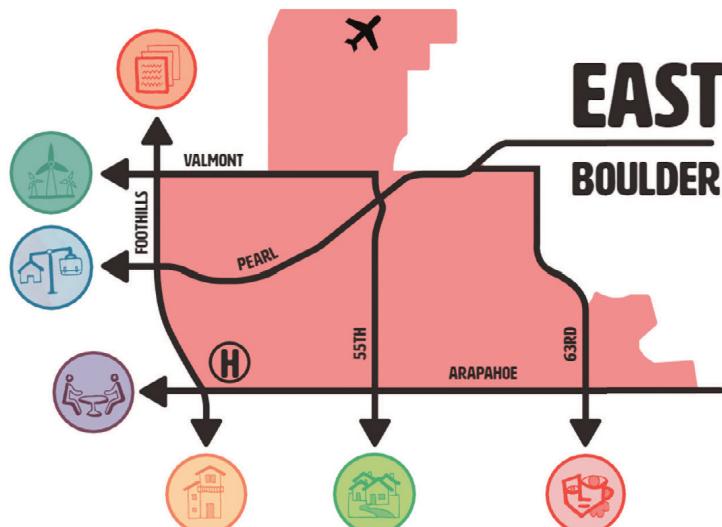


What is the East Boulder Subcommunity Plan?

The East Boulder Subcommunity Plan will be developed over two years and lay out a future vision for East Boulder that is based on community goals and values. Once complete, the plan will inform decisions and guide improvements in the area for decades.

This is a unique and quirky part of Boulder, primarily the home of industry and health services. This project is exploring ways to serve the businesses that thrive in East Boulder, add housing, and promote more mixed use and go-to destinations. New connections and improvements will make it easier and safer for people who work in the area, as well as nearby residents to get around. A dedicated working group of residents and business owners have been guiding the project. The city is grateful for the thoughtful participation and feedback of many community members to express priorities and weigh choices for the future. Look for a draft plan this summer.

Learn more and find ways to share your input at bit.ly/eastboulder.



What you need to know about the CU South annexation

The city and the University of Colorado are in negotiations to annex the University of Colorado's South Campus, the "CU South" property. If annexed, CU South would come under the city's jurisdiction and utility services could be extended to the site.

This effort would support vital flood mitigation efforts in the area. A range of topics will be addressed in the annexation agreement including future uses (primarily housing), transportation, public access, development limitations and many others. City Council currently plans to consider the annexation agreement this summer.

For more information about the project, ongoing flood mitigation and future engagement opportunities, visit bouldercolorado.gov/flood.



OUR CONNECTED WORLD

Experiences for all ages

June 1 – August 15

boulderlibrary.org/summer

 BOULDER
LIBRARY
FOUNDATION
PUBLIC LIBRARY

We have a plan for that.

City of Boulder planning roundup



These master plans are a way for City of Boulder departments to organize their goals and strategies. They provide a roadmap for city staff, as well as a transparent way for community members to hold us to our word. Check out some of the upcoming plans below, and go online for more information.

COMPREHENSIVE FLOOD AND STORMWATER

Boulder faces the highest flash flooding risk of any city in Colorado, and since this master plan was last updated in 2004, we've experienced a record-setting flood and numerous wildfires. This master plan update will address how we can best adapt our flood and stormwater management program to ensure we are a resilient community while enhancing water quality and our natural ecosystems for future generations.

Learn more at bit.ly/floodstorm



PARKS AND RECREATION

In the next few years, what do you want in terms of parks and recreation? New programs? Recreation center updates? The city has listened to your feedback through online surveys, BeHeardBoulder.org, in-person meetings and many other ways. All of this is part of our master plan update.

So far, the city has heard suggestions about pickleball, dog parks, city recreation facilities and much more. Thanks for all of your feedback. The city is currently making sure the master plan update is in alignment with community desires.

Stay up to date and watch for a draft plan reflecting community input later this year at bit.ly/parksrecplan.



POLICE

Policing is undergoing significant changes across the country, and here in Boulder, we want to hear your thoughts about how to re-imagine this core city service. While Police Chief Maris Herold has started to implement a Roadmap to Reform (bit.ly/BoulderPoliceReform), the update to this longer term master plan will be informed by your feedback and ideas.

The first engagement window will kick off in June with opportunities online at **BeHeardBoulder.org** and virtual meetings for you to share your values, hopes and concerns about policing and the planning process.

This first window will help us identify key themes and establish desired areas of focus for the plan. Please join us in this important and timely conversation.

Get the details at bit.ly/ReimaginePolice.





Zero-emission electric buses join HOP bus route for cleaner, greener public transit

Transportation is now the No. 1 source of greenhouse gas emissions (GHGs) in Colorado. In response, the City of Boulder adopted the GoEV City resolution last year to declare support for transportation electrification across the community. The city aims to convert all transit and municipal vehicles to 100% electric by 2030.

To make progress on the city's climate and energy goals, the City of Boulder, in partnership with Via Mobility Services, introduced three new, zero-emission electric buses for use on the local HOP route. The new buses:

- are 100% electric and charged with renewable, solar energy;
- operate more quietly;
- can travel more than 200 miles on a single charge; and
- are five times more fuel-efficient than standard diesel buses.

"The pandemic has underlined the importance of investing in public transit. Convenient, affordable bus service improves equity, helping essential workers, low-income community members and older adults get where they need to go safely and efficiently," said Natalie Stiffler, deputy director of the city's Transportation & Mobility Department.

"We're excited to convert more of our buses to electric, zero-emission models and help reduce the community's greenhouse gas emissions for a cleaner and more resilient climate future."

Find out more at bouldercolorado.gov/transportation.



COMMUNITY SPOTLIGHT

Community partnerships are key to reaching sustainability goals, and the electric HOP buses join other local transportation electrification efforts underway. Earlier this year, Boulder Valley School District introduced an electric school bus, the first of its kind in the state.

Engagement opportunities with the City of Boulder

Get involved by sharing your input about projects, programs and policies. There are various ways to be heard, including through public meetings, events, and online through the city's online engagement platform: Be Heard Boulder.

Sign up is easy and free. Just go to BeHeardBoulder.org to get started.

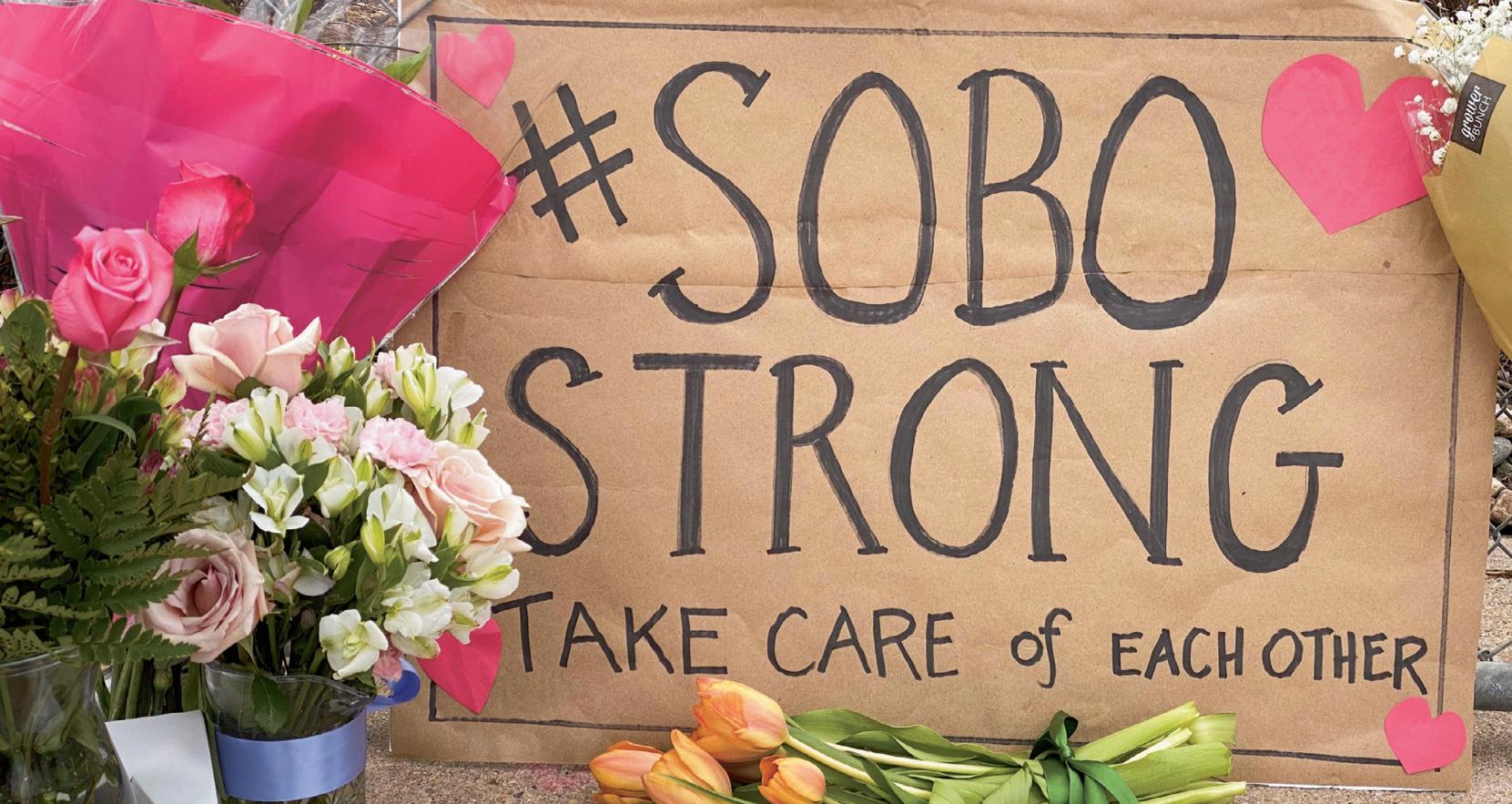


We are **BOULDER STRONG**

We dedicate this issue of the community newsletter to those lost and the loved ones they left behind. We are with you, and we are #BoulderStrong.

This past year has brought unimaginable tragedy to our community and those around the world. But through the Boulder shooting, the global pandemic, and the social and economic impacts that followed, we have continued — and will continue — to support one another.





Remembering those lost

Memorial efforts underway for the Boulder shooting

The impact of the tragic mass shooting on March 22, 2021, stretched across our community and nation. We mourn every life lost and strive to support our community through this challenging time.

Boulder City Council Declaration

City Council issued a declaration in April stating that every year, in perpetuity, March 22 will be designated the Boulder Day of Remembrance to honor the lives tragically lost this year. "On that day, every year, we will celebrate their lives. On that day, every year, we will say their names out loud so that, in our hearts, they will live on," the declaration read.

Future memorial

There is a citywide team working in partnership with The Kroger Co., the Museum of Boulder and other external partners to develop a short-term plan to honor the victims and a plan for a permanent memorial, taking into account the wishes of those directly impacted by the tragedy, as well as the broader community. The city will share information with the community as the plans develop.

Get updates at bouldercolorado.gov/boulderstrong.

How a virus changed our community

No words could capture the loss this community experienced over the last year. While we are incredibly grateful that many in Boulder have received the COVID-19 vaccine, we must acknowledge the more than 250 lives that were lost in Boulder County due to the virus. We may be coming out of the worst of the pandemic, but our community has been forever altered by the loss of each these individuals.

We need each other, *individually and collectively*

How social resilience can help us heal from traumatic events

The difficulties we've experienced as a community this last year are more than some encounter in a lifetime. When an event, or series of events, causes a significant amount of stress, it is called a traumatic event.

These events can affect survivors, rescue workers, and the friends and relatives of victims who have been involved. They may also have an impact on people who have seen the event either firsthand or on television.

Research shows that the ability to feel safe with others is the most important aspect of mental health. Connections that make us feel safe are the foundation to meaningful lives.

"This is a traumatic event that will really have a long-lasting impact and so we're also focused on how do we support the community moving forward," said Jennifer Leosz, co-CEO of Mental Health Partners about the tragic Boulder shooting.

It is more important than ever that we recognize this in ourselves, among our loved ones, and throughout our communities.

Some common responses to traumatic events can last for weeks or even months.

These symptoms can include:

- Feelings of fear, grief and depression
- Physical symptoms like nausea, dizziness, changes in appetite and sleep

Ideas for healthy ways to cope

- Seek professional support from a counselor, psychologist or social worker.
- Keep a journal to write down your feelings and triggers.
- Try a meditation practice.



Find more resources online
bit.ly/bouldersupport

It's OK to not be OK

Community mental health resources for traumatic events, disasters and more.

This is not a complete list, and we encourage you to check elsewhere if these resources do not fit your needs.

24/7 CRISIS ASSISTANCE

Suicide Prevention

24/7, free, confidential crisis intervention. 1-844-493-TALK (8255), text TALK to 38255. Services and information available in English and Spanish at www.coloradocrisiservices.org.

DISASTER SUPPORT

Disaster Distress Helpline

Call or text 1-800-985-5990. Spanish-speakers can call the hotline and press "2" for 24/7 bilingual support. Resources available in multiple languages at DisasterDistress.samhsa.gov.



**If you or someone
you know is currently
experiencing a life-
threatening crisis or
emergency, call 911.**

BOULDER STRONG RESOURCE CENTER

A long-term location has been established for the family assistance center to help people impacted by the March 22 tragedy in Boulder. The Boulder Strong Resource Center is located at the Chase Bank at 603 S. Broadway. It is open Tuesday through Sunday from 11 a.m. to 7 p.m.

Anyone who needs mental or emotional support can access the following services by visiting or call the resource center:

- Mental Health Resources (Crisis Counseling On-Site)
- Therapy Dogs
- Massage/Acupuncture
- Drinks and snacks provided by King Soopers
- Red Cross (Spiritual Care and Cash Assistance Assessment)
- FBI (Emergency needs/Property inquiries)
- Boulder Police Department Victim Advocates
- Crime Victim Compensation/District Attorney's Office
- King Soopers (HR representative)

A resource line, open 10 a.m. to 5 p.m., has been established for help getting assistance if you are unable or don't feel comfortable visiting the center. Call 303-217-0120 to access the resource line. Note, this line does not have a voicemail box and if there is no answer, a representative will call you back. All access and functional needs will be addressed, so call the number to request any accommodation. Get more information online at **weareboulderstrong.com**

VICTIMS OF CRIME

National Crisis Line for Crime Victims

Assistance available in 20 languages at 855-4-victim or 855-484-2846.

THE REBELS PROJECT

Not a crisis response organization, this Colorado-based organization connects survivors of mass shooting and other trauma events for peer support.

LOCAL RESOURCES

Mental Health Partners

Call (303) 443-8500 or 1-844-493-TALK (8255) 24/7 or visit mhpcolorado.org or Facebook for virtual help.

Naropa Community Counseling

bit.ly/naropacounseling 303-546-3589 or counselingclinic@naropa.edu.

LOCAL COMMUNITY MENTAL HEALTH SUPPORT —YOUTH, BIPOC, LGBTQ

Boulder Valley School District

trauma support for BVSD students. Contact BVSD through a form in Spanish and English at tinyurl.com/3xxawvnp.

Boulder Public Library

In response to the recent shooting, Boulder Public Library has put together a list of resources to help families process tragedies and acts of violence.

Natural Highs

Weekly teen trauma support groups on Tuesdays at September School. naturalhighs.org.

Queer Asterisk

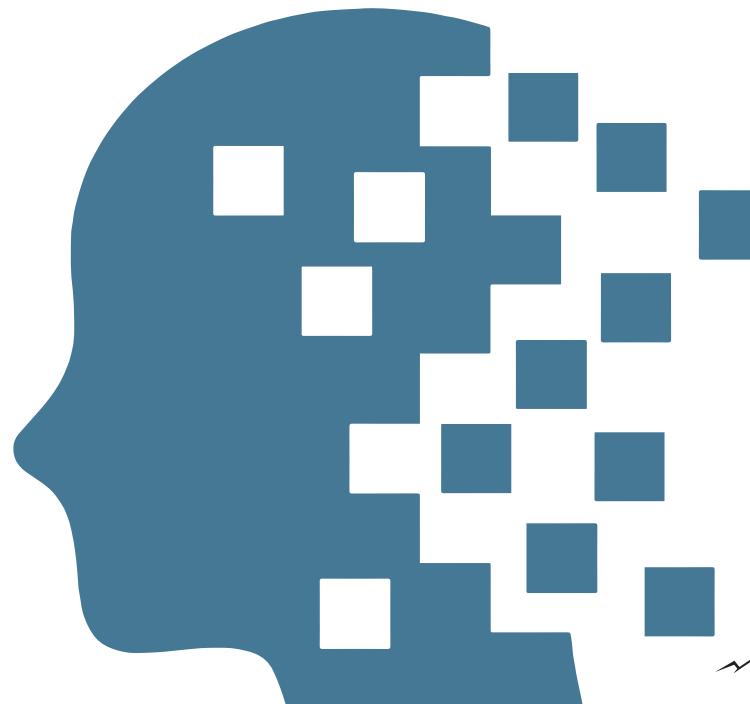
LGBTQ "Queer Conversations" and other community therapies. queerasterisk.com or (720) 507-6161.

Rise Against Suicide

Counseling services for youth experiencing suicide ideation. riseagainstsuicide.org or (720)-212-7527.

Umbrella Collective

LGBTQ therapies. umbrellacollective.org, 720-663-0163 or info@umbrellacollective.org.



Boulder has a hike for every occasion

Our Staff Picks hike suggestions bring you recommendations from the people who know the trails best.

ACCESSIBLE

Cottonwood

Bobolink

Ute

Sensory

Sawhill Ponds

KID FRIENDLY

Bobolink

Enchanted Mesa

South Boulder Creek West

GET THE HEART RATE UP

Gregory Canyon (to Green Mountain)

Ranger (to Green Mountain)

Amphitheatre

Bear Peak West Ridge

Hogback (clockwise)

1st/2nd Flatiron



SHADY

McClintock/
Enchanted Mesa loop

Skunk Canyon

Bobolink

Boy Scout Trail

Shadow Canyon

NEW TO THE AREA

Wood's Quarry

1st/2nd Flatiron

Degge/Hidden Valley Loop

NCAR

GREAT FOR DOGS

Joder

Marshall Mesa

Green Mountain
West Ridge

Dry Creek

Kohler Mesa

BEST ON BIKE

Doudy Draw

Spring Brook

East Boulder
Teller Farm

Community
Ditch

#ENJOYPROTECT



Share the best photos from your hikes with the hashtag #enjoyprotect on social media. Find hiking trails by typing the trail name into the search field on OSMPTrails.org.



Feeding into the local hype

No-till movement in Boulder means fresh, local food

In March, farmer Mark DeRespinis walked through the 71-acre property on Valmont Road that he leases from City of Boulder Open Space and Mountain Parks (OSMP). He was especially excited about spinach.

"It was planted in October," he said. "It's been surviving the winter with us."

Mark owns Esoterra Culinary Garden and is one of OSMP's newest agricultural tenants. He started his Colorado garden business in 2018 and began leasing land from OSMP in early 2020.

After starting his first farm in Ojo Caliente, near Taos, N.M., Mark moved to Boulder with his wife, Tara, and daughter, Nila. He wanted to provide local produce to local chefs and help them create custom menus focused on unique varieties of locally grown vegetables.

"The partnership with the city enables us to do this here," he said.

He uses part of his leased OSMP acres to grow no-till gardens. This practice includes leaving roots in the ground to nourish the soil microbiome and adding compost to the undisturbed soil.

The no-till movement has gained ground over the past five years, and Mark has seen the benefits firsthand. By focusing on healthy soil, he can farm smaller areas and be more productive.

Mark and local chefs are working together to offer diners fresh, local produce that's not available in grocery stores or even



typical farm stands: Wild greens like minutina, sprouting cauliflower and even spigarello, an Italian broccoli with long, thin leaves.

"I see salad mix as an art form," he said. "We can celebrate all the leaves that are in season."

Resilience in uncertain times

March traditionally marks the beginning of the growing season in Colorado, but when COVID-19 hit our area in 2020, restaurants had to shift and refocus their orders from Esoterra.

Mark grows over 150 varieties of vegetables and had to quickly adapt to continue to sell them. To do this, Mark created a Community Supported Agriculture, a collaboration that allowed friends and family to buy the harvest that would typically have gone to restaurants.



Photo: Greg Joder

Can forest disturbance help native bees?

Bees and other pollinators are an important part of our ecosystem. Species richness refers to the number of different species in an area (think types of bees) and can signal healthy biodiversity.

In 2019, funded researchers Dr. Seth Davis and Ryleigh Gelles compared native bee species richness in burned, thinned and untreated ponderosa pine forests. High-severity wildfire supported the greatest bee species richness. Forests thinned for fuel reduction did not decrease bee diversity compared to untreated forests.

There is evidence that bee species richness is related to the abundance of flowering wildflowers and woody debris in a forest. **This supports forest management that creates or maintains openings in dense forest canopies and retains some dead trees on the forest floor.**

BY THE NUMBERS Open Space Research

The Open Space and Mountain Parks Department supports and benefits from research on our lands through the Funded Research Program with:

Over \$1 million invested in small research grants since 1995

Nearly 400 research reports & 12 peer-reviewed journal publications in the last 2 years

9 awards per year to researchers from local universities and organizations.



Photo: Brian Anacker

A day in the life of a Boulder Ranger

Read entries from Boulder Ranger Naturalists Kristin Moldenhauer and Lindsay Young's daily logs.

Do you ever wonder what it's like to be a ranger? Check out these activity logs to get a glimpse.

*General patrol includes hiking the area while interacting with visitors and answering their questions.



THURSDAY

6:20 A.M.: REMOVED A PILE OF TRASH IN THE WOODS AT MOUNT SANITAS VALLEY WITH TWO OTHER RANGERS.

8:20 A.M.: GENERAL PATROL AT KOA LAKE.

8:45 A.M.: TRAINING AT BOULDER POLICE DEPARTMENT SHOOTING RANGE.

10 A.M.: SAWHILL PONDS AREA CHECK DUE TO A HIKER FINDING A SHEEP CARCASS THERE THE PREVIOUS DAY.

10:20: GENERAL PATROL AT BOBOLINK TRAILHEAD.

2 P.M.: REHANG RAPTOR CLOSURE SIGNS AT THIRD FLATIRON.

3:30 P.M.: CHECK ON NEW CALVES ON OSMP LEASED AGRICULTURAL PROPERTY TO WATCH FOR COYOTES. (AN ISSUE THAT AROSE THIS SPRING, NOT SOMETHING RANGERS TYPICALLY DO).

SATURDAY

8:30: REMOVED A LARGE, DUMPED TV FROM FLAGSTAFF ROAD SO IT WOULDNT GET HIT BY A SNOWPLOW.

10 A.M.: GENERAL PATROL OF CHAUTAUQUA. HIKED THE CHAUTAUQUA TRAIL. SAWED OFF A FALLEN TREE BRANCH THAT WAS BLOCKING THE TRAIL.

10:20 A.M. - 2:20 P.M.: RESCUE FOR AN INJURED CLIMBER AT THE TOP OF THE 1ST/2ND FLATIRON TRAIL. RESPONDED WITH ROCKY MOUNTAIN RESCUE AND EVACUATED THE PATIENT TO THE TRAILHEAD.

9 P.M.: AFTER-HOURS CALL FOR A MISSING PERSON FROM CU. THOUGHT TO BE AT CHAUTAUQUA. WAS LOCATED BY FRIENDS SOON AFTER I ARRIVED.

MONDAY

6:20 A.M.: RESPONDED TO SHANAHAN RIDGE, ONE DOG AT LARGE (RUNNING LOOSE).

8 A.M.: MEETING WITH DISPATCH TO PUT FACES WITH THE VOICES WE HEAR SO OFTEN.

9:30 A.M.: GENERAL PATROL AT COTTONWOOD TRAIL.

11:00 A.M.: TOOK TRUCK IN TO GET REPAIRED.

12 P.M.: GENERAL PATROL AT SOUTH BOULDER CREEK TRAIL.

2:30 P.M.: DROVE TO IT BUILDING TO DROP OFF BROKEN COMPUTER.

3 P.M.: MEETING WITH SUPERVISOR WHILE HIKING SOUTH BOULDER CREEK TRAIL.

Coming soon: University Hill enhancements

Enhancements are coming this summer to University Hill commercial area, an extension of previous work on the Hill Event Street. This expansion, funded by the University Hill General Improvement District, will include:

- Replacement of trees removed due to Emerald Ash Borer infestation
- Reconfiguration of railings
- Additional stair access on the west side of 13th Street

The new design is intended to create better access to storefronts and restaurants while creating a more open feel, in coordination with anticipated improvements to the hotel site on University Hill. The hotel project received approval in March. Construction is scheduled to begin in October and complete in early 2023.

The current enhancements are designed to mirror those funded by the first round of the Community, Culture and Safety Tax in 2015, including improved access for people with disabilities, energy efficient lighting and irrigated landscaping.



Over the past year, the Front Range has experienced extremely dry conditions.

Although we had a lot of rain this spring in Boulder, conserving your water use can help maintain water supply throughout the summer, while saving you money. Here are six simple ways you can reduce your water use:

1. **Water grass less frequently** — twice a week will make grass roots grow deeper.
2. **Water in the evening, night or early morning**, which helps reduce water loss.
3. **When it rains, water accordingly.** Try soil moisture or rain sensors to help you adjust watering schedules.
4. **Let grass grow longer** to 3-3.5" before cutting it, which helps retain moisture.
5. **Adjust sprinkler heads** to make sure you're not watering roads and sidewalks.
6. **Check your watering system monthly** for broken sprinkler heads and leaks.

Find more ways to save water at bit.ly/boulderwater

6 easy
ways to
conserve
water



Conozca a la nueva gerente municipal de Boulder

Nuria Rivera-Vandermyde responde a nuestras preguntas

Nuria Rivera-Vandermyde, quien se incorporó oficialmente a como empleada del Gobierno de la ciudad de Boulder el 10 de mayo, llega de Austin (Texas), donde ocupaba el puesto de subgerente de esa ciudad. Rivera-Vandermyde es bilingüe y originaria de Puerto Rico, y se es la segunda mujer y la primera mujer de color que ocupa el cargo de gerente municipal de Boulder.

P: Cuéntenos sobre algo que le gusta de Boulder.

R: Siempre voy a comenzar por las montañas: fueron lo primero que me atrajo. Pero también me encanta el carácter súper local de todos los negocios y restaurantes. Reconozco que soy un poco aficionada a la comida, así que estoy emocionada por poder explorar todas las ofertas culinarias de Boulder.

P: Los años 2020 y 2021 han presentado retos y adversidades para Boulder. Con vista al futuro, ¿cuáles son sus esperanzas para la comunidad?

R: Realmente, espero que seamos capaces de afrontarlo juntos. Entre el COVID-19 y la tragedia del 22 de marzo, Boulder ha enfrentado situaciones increíblemente difíciles en el ultimo año. A nivel nacional, parece que estamos muy polarizados en nuestro diálogo, y espero que esta comunidad pueda seguir afrontando los retos que tiene ante sí con franqueza, candor y un espíritu de colaboración. Hay temas muy profundos y para los que no hay una respuesta fácil, pero espero que seamos capaces de escuchar diferentes perspectivas y que, independientemente de las decisiones que se tomen, ya sea que favorezcan un punto de vista u otro, seamos capaces de mostrar que la fuerza de nuestra comunidad proviene de la unidad y no de la polarización.

P: ¿Cuál es una habilidad o perspectiva importante que usted aporta?

R: Al haber pasado tiempo en múltiples ciudades y diferentes sectores, he desarrollado un fuerte sentido de lo que es la colaboración intersectorial centrada en la comunidad. Por un lado, me ha permitido conocer diferentes culturas y la forma tan distinta en que algunas comunidades perciben al gobierno y son lecciones que han servido de base para

que nosotros, como gobierno municipales, nos comprometamos con la comunidad y sigamos creando confianza entre las personas a quienes servimos. Por otro lado, me ha permitido ser una líder que se adapta fácilmente, que va aprendiendo cuál es la cultura de trabajo existente y encontrando formas de apoyar al personal, y al mismo tiempo retándonos a todos a seguir mejorando y transformando nuestros servicios en beneficio de nuestra comunidad.

A lo largo de mi carrera también me he centrado en tomar decisiones a base de los datos, y he aprendido a ampliar mi propia definición de "datos" para incluir no sólo datos empíricos, sino también valiosas narrativas cualitativas o de experiencias vividas como parte del proceso de información de datos. Puede ser difícil encontrar formas en las que las voces de los más afectados por nuestras políticas o decisiones se hagan escuchar, pero en mi experiencia, esas voces enriquecen nuestras conversaciones y mejoran nuestra comprensión colectiva de los temas a abordar.

P: ¿Qué le atrajo a trabajar en gobiernos a nivel local y qué es lo que más le gusta de este tipo de trabajo?

R: Pues mi trayecto comenzó hace 25 años y de una forma bastante inusual pero lo que más me llamó la atención fue el poder que tiene el gobierno local para mejorar directamente la calidad de vida de la gente. Creo sinceramente que el gobierno puede ser transformador, y que tenemos maneras para ayudar a conseguir los resultados que realmente queremos ver en la comunidad.

Lea la entrevista completa con Nuria en bit.ly/boulderNRV



Somos **BOULDER STRONG**

Dedicamos este número del boletín municipal a las personas que perdimos en la tragedia del 22 de marzo, así como a sus familiares y seres queridos; los acompañamos en su duelo y juntos somos #BoulderStrong.

Tanto nuestra comunidad, como comunidades alrededor del mundo, han sido impactadas por tragedias inimaginables. Sin embargo, a través del tiroteo en Boulder y da pandemia y sus impactos sociales y económicos, hemos continuado apoyándonos unos a otros.

Recordando a aquellas personas que perdimos

Cómo un virus cambió nuestra comunidad

No hay palabras que puedan captar la pérdida que nuestra comunidad ha experimentado durante el último año. Aunque estamos increíblemente agradecidos de que muchos en Boulder hayan podido recibir la vacuna contra el COVID-19, debemos reconocer las más de 250 vidas que perdimos en nuestro condado de Boulder debido al virus. Puede que estemos saliendo de lo peor de la pandemia, pero nuestra comunidad ha quedado alterada para siempre por la pérdida de cada uno de estos individuos.

Nos necesitamos unos a otros, individual y colectivamente

Cómo la resiliencia social puede ayudarnos a sanar de eventos traumáticos

En este último año nuestra comunidad se ha enfrentado a más dificultades de lo que muchos experimentan en toda una vida. Cuando un acontecimiento, o una serie de acontecimientos, provoca una cantidad significativa de estrés, se denomina acontecimiento traumático.

Estos sucesos pueden afectar a los supervivientes, al personal de rescate y a los amigos y familiares de las víctimas que se han visto

Se está organizando ya una manera de conmemorar el evento del 22 de marzo

El impacto del trágico tiroteo del 22 de marzo de 2021 se sintió en toda nuestra comunidad y nuestro país. Nos unimos al duelo por cada una de las vidas perdidas y estamos esforzándonos en apoyar a nuestra comunidad en estos momentos difíciles.

Declaración del Concejo Municipal de Boulder

El Consejo Municipal de Boulder emitió una declaración en abril estableciendo permanentemente el 22 de marzo como Día de Commemoración de Boulder para recordar y honrar las vidas que las personas que perdimos trágicamente este año. La declaración dice: "Ese día, cada

año, celebraremos sus vidas. Ese día, cada año, diremos sus nombres en voz alta para que, en nuestros corazones, sigan viviendo".

Monumento conmemorativo

Un equipo de empleados municipales está trabajando en colaboración con la compañía Kroger, el Museo de Boulder y otras personas para desarrollar un plan a corto plazo para conmemorar a las víctimas del tiroteo en Kings Soopers, así como también y un plan para un monumento conmemorativo permanente, teniendo en cuenta los deseos de los afectados directamente por la tragedia, así como de la comunidad en general. La ciudad compartirá información con la comunidad a medida que se desarrollen los planes.

involucradas. También pueden tener un impacto en las personas vieron dicho suceso, ya sea en persona o por televisión.

Las investigaciones demuestran que la capacidad de sentirse seguro con los demás es el aspecto más importante de la salud mental. Las conexiones que nos hacen sentir seguros son la base para vivir una vida plena.

"Se trata de un acontecimiento traumático que tendrá un impacto duradero, por lo que también nos centramos en cómo apoyar a la comunidad en el futuro", dijo Jennifer Leosz, codirectora general de Mental Health Partners.

Es más importante que nunca que reconozcamos esto en nosotros mismos, en nuestros seres queridos y en nuestras comunidades".

Algunas reacciones comunes a acontecimientos traumáticos, que pueden durar semanas o incluso meses:

- Sentimientos de miedo, desconsuelo y depresión
- Síntomas físicos como náuseas, mareos, cambios en el apetito y el sueño

Sugerencias para afrontar la situación de manera saludable

- Busque apoyo profesional de un consejero, psicólogo o trabajador social
- Lleve un diario para anotar sus sentimientos y cosas que desencadenan reacciones emocionales
- Intente practicar la meditación



Está bien no estar bien

Recursos comunitarios de salud mental para sucesos traumáticos, catástrofes y más

Esta no es una lista exhaustiva, y le animamos a consultar otros recursos si estos no se ajustan a sus necesidades.

ASISTENCIA EN CASO DE CRISIS 24 HORAS AL DÍA, 7 DÍAS A LA SEMANA

Prevención de Suicidio de Colorado: 24 horas al día, 7 días a la semana, intervención de crisis confidencial y gratuita. 1-844-493-TALK (8255), envíe un mensaje de texto con la palabra TALK al 38255. Servicios e información disponibles en inglés y español.
www.coloradocrisiservices.org/es

APOYO EN CASO DE CATÁSTROFE

Línea de ayuda para casos de desastre: 1-800-985-5990 . Los hispanohablantes pueden llamar a la línea directa y presionar "2" para recibir asistencia bilingüe 24 horas al día, 7 días a la semana. Recursos disponibles en varios idiomas en DisasterDistress.samhsa.gov.

VÍCTIMAS DE DELITOS

Línea Nacional de Crisis para Víctimas del Crime

Asistencia disponible en 20 idiomas. Marque 855-4-victim o 855-484-2846.

The Rebels Project

Organización con sede en Colorado que conecta a sobrevivientes de tiroteos y demás eventos traumáticos para recibir apoyo. No ofrece respuesta a una crisis. www.therebelsproject.org/contact.

APOYO DE SALUD MENTAL DE LA COMUNIDAD LOCAL: JÓVENES, BIPOC, LGBTQ

Distrito Escolar del Valle de Boulder

apoyo para estudiantes de BVSD procesando eventos de trauma. Comuníquese con BVSD a través de un formulario en español e inglés en tinyurl.com/3xxawvnp.

Boulder Public Library

En respuesta al reciente tiroteo, la biblioteca pública a recopilado una lista de recursos disponibles para ayudar a familias a procesar tragedias y actos violentos.

Natural Highs

Grupos semanales de apoyo para adolescentes procesando eventos de trauma, los martes en la escuela September www.naturalhighs.org

Queer Asterisk

Conversaciones y otras terapias en grupo para la comunidad LGBTQ. queerasterisk.com o (720) 507-6161

Rise Against Suicide

Servicio de concejería para jóvenes con pensamientos suicidas. risdeagainstsuicide.org o (720) -212-7527.

Umbrella Collective

Terapias para la comunidad LGBTQ. umbrellacollective.org, 720-663-0163 o info@umbrellacollective.org

RECURSOS LOCALES

Mental Health Partners

mhpcolorado.org o (303) 443-8500 o Facebook.

Consejería Comunitaria en Naropa

bit.ly/naropacounseling 303-546-3589 o counsellingclinic@naropa.edu.



Si usted o alguien que conoce está experimentando una crisis o emergencia que pone en peligro su vida, llame al 911.



Más recursos en bit.ly/bouldersupport

CENTRO DE RECURSOS BOULDER STRONG

La ubicación a largo plazo para este centro de asistencia que brinda servicios a las personas afectadas por la tragedia del 22 de marzo en Boulder. El Centro de Recursos Boulder Strong está situado en Chase Bank, 603 S. Broadway. Está abierto de martes a domingo de 11 a.m. a 7 p.m. Más información (en inglés) weareboulderstrong.com

Cualquier persona que necesite apoyo mental o emocional puede acceder a los siguientes servicios visitando o llamando al centro de recursos:

- Recursos de salud mental (asesoramiento en caso de crisis)
- Perros de terapia
- Masaje/Acupuntura
- Bebidas y aperitivos proporcionados por King Soopers
- Cruz Roja (atención espiritual y evaluación para asistencia financiera)
- FBI (necesidades de emergencia/recuperación de artículos personales)
- Defensa de víctimas del Departamento de Policía de Boulder
- Compensación a las Víctimas del Crimen/Oficina del Fiscal del Distrito
- King Soopers (representante de recursos humanos)

Se ha establecido una línea de recursos que atiende de 10 de la mañana a 5 de la tarde, para ayudarle a obtener asistencia si no puede o no se siente cómodo visitando el centro de recursos. Llame al 303-217-0120 para acceder a la línea de recursos. Tenga en cuenta que esta línea no tiene buzón de voz y que si no hay respuesta, un representante le devolverá la llamada. Se atenderá a todas las personas, si necesita adaptaciones para poder acceder a nuestros servicios, por favor llame para solicitarlo.

Integrando equidad y las voces de la comunidad a la recuperación de Boulder tras el COVID-19

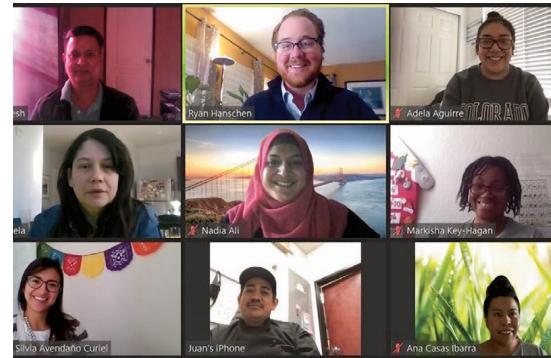
Cuando la ciudad de Boulder pasó de la fase de respuesta a la emergencia de COVID-19 a la fase de recuperación, un equipo conformado por miembros de la comunidad, llamados Conectores de Equidad para la Recuperación, fue fundamental para que en la toma de decisiones en cuanto a la pandemia, se enfocaran las experiencias de vida de miembros de nuestra comunidad, que además son de grupos raciales o étnicos minoritarios.

Este grupo ayudó al personal municipal a llevar a cabo evaluaciones rápidas sobre la equidad de distintas las políticas y programas de recuperación. También nos alertaron de docenas de problemas emergentes a los que se enfrentaban sus comunidades.

"Trabajar con el Gobierno de la ciudad de Boulder en el proyecto de Conectores de Equidad para la Recuperación ha sido una experiencia increíble", dijo Markisha Key-Hagan. "Cada vez que le cuento a alguien que vive fuera de Boulder lo que hago, se quedan impresionados por la existencia de un programa como éste y por los esfuerzos de nuestra ciudad para elevar las voces de personas negras, indígenas y las personas de color. En mi comunidad, existe mucha desconfianza en el gobierno municipal y sus instituciones. Contar con un programa como el de Conectores de Equidad para la Recuperación ha sido un buen paso en dirección correcta para volver a desarrollar esa confianza".

Los conectores de equidad compartieron las perspectivas y los comentarios de sus comunidades sobre una amplia gama de decisiones de recuperación, entre ellas:

- Acceso a los recursos relacionados con los impactos de COVID-19
- Indicadores de recuperación de la economía local
- Resolución sobre el racismo como crisis de salud pública
- Derechos de los trabajadores de primera línea
- Cierres de tránsito vehicular y financiación del programa Visión Cero
- Burbujas de aprendizaje para estudiantes escolares
- Sanciones civiles por incumplimiento de ordenanzas municipales
- Reuniones presenciales del concejo municipal
- Gráficos educativos para personas que no hablan inglés



Este equipo de siete miembros de nuestra comunidad se puso en marcha en junio de 2020, se reunió cada semana a través de Zoom, y recibió un estipendio mensual por su tiempo y experiencia.

Para más información sobre este programa o el modelo de Conector Comunitario, comuníquese con Ryan Hanschen en hanschenr@bouldercolorado.gov o al 720-527-8847.

¿Qué es el Plan de la Subcomunidad de East Boulder?

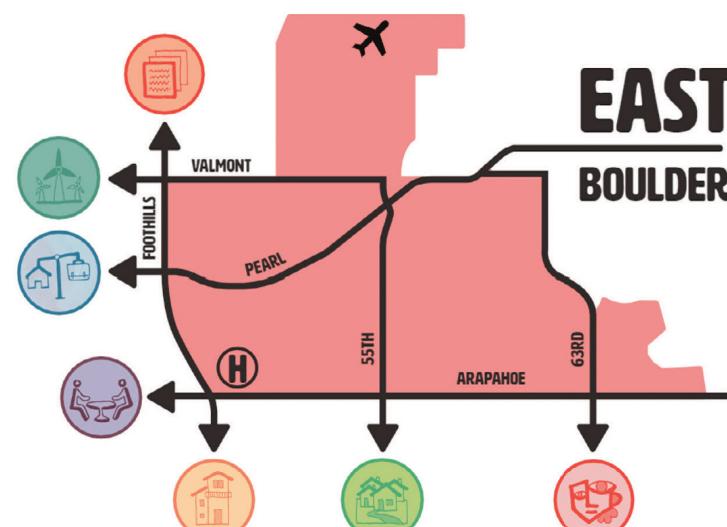
El Plan de la Subcomunidad de East Boulder se irá desarrollando a lo largo de dos años y establecerá una visión de futuro para East Boulder basada en los objetivos y valores de la comunidad. Una vez completado, el plan informará decisiones y guiará mejoras para esa zona durante décadas.

Se trata de una parte única y peculiar de Boulder, en la que se encuentran principalmente empresas industriales de servicios de salud. Este proyecto explora las distintas maneras de prestar servicios a esas empresas que prosperan en East Boulder, añadir opciones de vivienda, y promover un mayor uso mixto y sitios destino. Entre mejoras al área y añadir nuevas conexiones se espera que el desplazamiento de residentes y personas que trabajan en esa zona sea no solo más fácil sino también seguro. Un grupo de trabajo conformado por residentes de East Boulder y empresarios ha estado guiando el proyecto.

El gobierno municipalgradece la atenta participación y los comentarios que ya hemos recibido de parte de muchos miembros de la comunidad para expresar lo que consideran deben ser prioridades y sopesar las distintas opciones para el futuro. Esperamos poder publicar un borrador de dicho plan este verano.



Puede obtener más información y encontrar formas de compartir su opinión en bit.ly/eastboulder.



Avanzando equidad racial en Boulder

Nuestro objetivo es ir cerrando las brechas de modo que la raza o etnicidad de una persona no determine su éxito, mientras vamos mejorando oportunidades para todas las personas.

Desde 2018, un equipo central de empleados municipales a todos los niveles de la organización ha estado trabajando para normalizar el trabajo de equidad racial del gobierno local. Entre el trabajo de este equipo está la capacitación del personal, conseguir el apoyo por parte de los altos cargos de la ciudad y asegurando que el tema de equidad racial sea la máxima prioridad del gobierno municipal.

A principios de este año, el concejo municipal votó de manera unánime para adoptar el primer Plan de Equidad Racial de Boulder. Este plan guiará al gobierno municipal a través del proceso de priorizar objetivos, especificar detalles y asignar recursos para lograr un cambio significativo. Las importantes y valiosas aportaciones de la comunidad dieron forma a este plan, que se creó como parte del trabajo del gobierno municipal para avanzar en el trabajo de equidad racial.

Meta 1 — Un entendimiento compartido. El gobierno municipal se asegurará que las personas que trabajan para o representan a la ciudad de Boulder, incluyendo personal de la ciudad, miembros del Concejo Municipal, miembros de mesas directivas y comisiones, y voluntarios de nuestros programas entiendan lo que es el racismo institucional y estructural, así como que normalicen el trabajo para acabar con dicho racismo.

Meta 2 — Hacerlo de manera justa. El gobierno municipal actuará para eliminar las disparidades raciales en servicios municipales.

Meta 3 — Compromiso comunitario. El gobierno municipal fortalecerá relaciones y colaborará con la comunidad y organismos que demuestren un compromiso en eliminar el racismo.

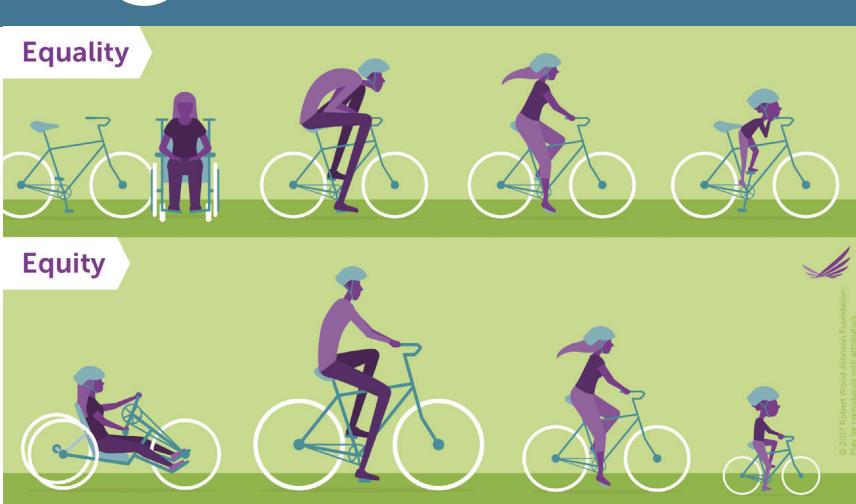
Meta 4 — Compartiendo el poder. El gobierno municipal trabajará para ganarse y mantener la confianza de la gente, ampliando la influencia de miembros de nuestra comunidad que son personas de color y a través de una participación comunitaria inclusiva y receptiva.

Meta 5 — La representación es importante. El gobierno municipal eliminará barreras y creará oportunidades a modo de desarrollar, de manera amplia y profunda, una fuerza laboral diversa, incluyendo funcionarios electos, mesas directivas, comisiones y grupos de trabajo.

Cada una de estas metas contiene varias estrategias, así como información de datos y objetivos específicos.



Conozca más sobre en bouldercolorado.gov/racial-equity



¿POR QUÉ EMPEZAR CON EL TEMA DE LA RAZA?

Para ir cerrando brechas en oportunidades, nos hemos enfocado en apoyar a personas de minorías raciales que injustamente sufren la desigualdad racial. Hay muchos beneficios en enfocarnos en temas de equidad que aseguren que se valore, respete y escuche a todas las personas. La ciudad de Boulder se compromete con este trabajo, primero cambiando los comportamientos y las percepciones de nuestros empleados, y luego extendiendo este impacto a la comunidad.

HISTORIA RACIAL DE LAS TIERRAS ALREDEDOR DE BOULDER

A mediados del siglo 19 varios tratados entre el gobierno federal y las naciones indígenas fueron violados por mineros en busca de oro y grupos de personas blancas que comenzaron a ocupar el área que ahora es Boulder. Estos grupos expulsaron a las comunidades indígenas por la fuerza, cortando su conexión con estas tierras. Sin embargo, miles de pueblos indígenas que hoy en día viven en reservas fuera de Colorado, así como quienes viven en Boulder, han logrado mantenerse conectados a sus tierras ancestrales, generación tras generación, gracias a sus tradiciones, historias e idiomas nativos.

¿Dónde estamos ahora?

En 2019, la ciudad de Boulder llevó a cabo consultas formales con las naciones indígenas americanas reconocidas a nivel federal y ahora está trabajando con ellas para desarrollar un reconocimiento formal de esta zona como sus tierras ancestrales.



City of Boulder

Communication & Engagement Department
P.O. Box 791
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BOULDER CITY COUNCIL

BoulderColorado.gov/council



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303-416-6130



**Mayor Pro Tem
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BOULDER CITY MANAGER

Nuria Rivera-Vandermyde

VandermydeN@bouldercolorado.gov

Get to know
Boulder's new city
manager.

Read the Q&A inside
this newsletter.



Emergency: 911

GET IN TOUCH

**Non-emergency
dispatch line**
303-441-3333

City Operator
303-441-3388

The Community
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