

Youth Opportunities Advisory Board Meeting

Friday, January 7, 2022

9 a.m. – 3:30 p.m.

Alpine Room, West Age Well Center: 909 Arapahoe Ave., 80302

Facilitator(s): Wanda **Present:** Madelyn, Osvaldo, Lily, Elias **Excused:** Daniel, Henry **Absent:** Elliott

9 - 9:45 a.m. Check In & Breakfast

9:45 - 10:45 a.m. Welcome New Members & Team Building

- Corn, Chicken, Dog: You and your dog went to the market. You bought a chicken and a bag of corn. On your way home, you cross the river in a small, dilapidated boat. If you carry more than one item with you across the river, the boat will sink. You must make multiple trips. You can't leave the dog alone with the chicken. You can't leave the chicken alone with the corn. How do you get everything across the river?
 - Take the chicken across the river.
 - Go back. Get the dog. Cross the river.
 - Drop off the dog. Take the chicken back with you.
 - Drop off the chicken. Take the corn across the river.
 - Drop off the corn with the dog. Cross the river alone.
 - Bring back the chicken.

10:45 a.m. – 12 p.m. Discussion: Hot Topics, Pressing Issues, Potential Projects

- Addiction support/Not punishment/positive reinforcement
- Mental health toolbox
- Being involved in your community supports mental health
 - Database of opportunities for youth
- Professional and Career Networking
- Professional skills training to share with youth (i.e., webinars)
 - Career and employment advice
 - Resume and cover letter
 - College counselor/counseling
- Life skills training
 - Financial skills
- Volunteer and/or other events that open the door to community involvement
 - Open space clean up
 - Smaller youth volunteer events
 - Accessible volunteer opportunities
 - Homelessness supports warm meals, blankets and supplies
- Informational social media not just announcements
 - Links to educational and volunteer opportunities for youth
 - Mental health supports
 - Affirmations and support (i.e., "you are not the only one...")

Noon - 12: 30 p.m. Work Session: Prep work for upcoming interviews with potential YOAB

- Reviewed YOAB interview questions, revised and determined list for upcoming interviews

12:30 - 1 p.m. Interview: Finley Wheeler (via Zoom) -will debrief as a group at 10 Jan meeting

1 - 2 p.m. Lunch: Snarf's

2 – 2:30 p.m. Updates: Hiring YOP Manager; Agenda for next meetings

- Position posted today through end of month
 - Goal is to hire by end of February
 - Aim to have potential candidates meet with YOAB during February monthly meeting
 - Next meetings
 - Potential YOAB candidates interviewed on 1/10
 - Meet with HRC 1/24

2:30 - 3 p.m. Debrief: Reimagining YOAB

Interviews

- Attendance policy: maybe more flexibility (i.e., attend x# meetings vs. miss 3 and you're out)
- Engagement is a must (YOAB is only as good as the work we put into it)
- Structured to give guidance but not so much that members are "restricted" or can't express self
 - Someone who isn't super controlling or "doing it all"
- Officers
- Currently meeting format is good. In person is best.
- Sub- or ad hoc committees maybe open to non-YOAB members including middle school students to help with reach, outreach and emerging leaders
- Do not want a lot of discussion without execution

Share your motivation to be a leader

- Actively work on issues that are important to me
- Increase diversity in leadership
- Have impact on my community
- Make Boulder better and more involved in the needs of others
- Make sure Boulder takes better care of their youths

Skills Building

- Learning skills that will enhance my opportunities, resume, future leadership
- Team-building: retreat, ropes course, nature courses (i.e., Stone Canyon Outdoor Adventures)

3 – 3:30 p.m. Interview: Jackson Kirshner (via Zoom) -will debrief as a group at 10 Jan meeting

3:30 p.m. Adjourn