



## **City of Boulder Housing & Human Services**

### **Age Well Advisory Committee Thursday, July 21, 2022 Online Meeting / Teams 9:00 a.m. to 10:30 a.m.**

#### **SUMMARY NOTES**

1. Call to Order
  - a. Six members present; one excused
2. Approval of June Summary Notes
3. Update on Older Adult Services
  - a. Client Services Coordinator currently hiring
  - b. Programs are going well with some expansion from additional funding from Frasier
  - c. Meals on Wheels Eat Well Café is doing well
  - d. Community Conversations will be held in August and September for the Age Well Boulder County Strategic Plan update
  - e. Continued impact of COVID
4. General check in on topics relevant to older adults included:
  - a. Mental/behavioral health issues
  - b. Transportation
  - c. Social isolation
  - d. Fitness needs
  - e. Future expansion of programs around facilitated support groups
5. Other Updates
  - a. Member profiles – continued discussion
    - i. Postponed to August meeting
6. Other items
  - a. None
7. Adjourn

#### **Next Meeting:**

August 18, 2022

9:00 a.m. to 10:30 a.m.

Location: Virtual Teams